

ADDENDUM  
FOR ONLINE/VIRTUAL CLASSES  
WITH ABSolute Pilates

This release, Waiver and Hold Harmless Agreement is made by and between the undersigned (client) and Lori L Watson (DBA and herein: ABSolute Pilates), and entered into on the day, month and year noted below.

This is an addendum to the Liability and Informed Consent that you signed when you first joined this studio.

This is for the online and virtual classes to be offered by Lori L Watson DBA ABSolute Pilates.

As stated in the original Waiver the client assumes the risk of any injuries that might result from participating in this online program.

In consideration of my participation in ABSolute Pilates' exercise program, I \_\_\_\_\_ for myself, my heirs, hereby release ABSolute Pilates, its employees and owners, from any claims, demands and causes of action arising from my participation in the exercise program. I hereby affirm that I have read and fully understand the above, am over 18 years of age or am a legally emancipated minor.

Today's date\_\_\_\_\_

Client Signature\_\_\_\_\_

Address\_\_\_\_\_

\_\_\_\_\_

Phone\_\_\_\_\_

Email\_\_\_\_\_